



**British Taekwondo  
Control Board  
POOMSAE UK**



**UK Regional Poomsae Training  
Scottish National Squad Training**

Venue

**Carronshore Community Centre**

Main St, Carronshore, Falkirk, FK2 8EX

Date / time

**Saturday 13<sup>th</sup> August 2011**

**2.00pm to 5.00pm**

**Cost £10.00pp**

2<sup>nd</sup> Kup Red Belt & above

**Coloured Belts from 6<sup>th</sup> Kup & Above**

**Fees Only £5.00**

**Proceeds going toward Scottish Poomsae Team Fund**

The session will cover all aspects of Poomsae competition, including the latest WTF Rules and associated technical changes and requirements.

**The session will be conducted by Master Bailey 7<sup>th</sup> Dan WTF I.R.  
Poomsae Judge at European and World Championships 2011  
BTCB National Poomsae Coach for Scotland**

Tel No 07812-580898

Email [masterbailey@centralkd.co.uk](mailto:masterbailey@centralkd.co.uk)

**Assisted by Angie Bailey 3<sup>rd</sup> Dan  
Current British Champion – 1<sup>st</sup> Masters**

**ALL PARTICIPANTS MUST BRING A VALID BTCB LICENCE FOR INSPECTION.**

**NO LICENCE! NO TRAINING! NO EXCEPTIONS!**