

CENTRAL

TAEKWONDO

ACADEMY



EST. 1993

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NEWSLETTER *February 2011*

TRAINING & MEMBERSHIP FEES

Please note Central Academy training fees will increase by £5.00 from 1st **March 2011**. This is the first increase in fees in over 3 years. Family discounts will still apply. All Central Academy members will receive written notification about new fees in the next few days.

The British Taekwondo Control Board has increased the licence fees. This means our membership fees for all students will be £35 from 1st March 2011.

The BTCB has introduced a penalty of an additional £5 fee for any licence renewed after the expiry date. From now on all licence renewal applications must be completed 2 weeks before the expiry date. The additional fee rises to £10 for licences more than 6 months out of date.

Grading and equipment fees will remain unchanged.

BRITISH POOMSAE CHAMPIONSHIPS

The official BTCB British Poomsae Championships were held at the English Institute of Sport in Sheffield on 5th & 6th February.

Central had a team of 24 dan grades and 11 coloured belts taking part. Our dan grade team finished in a very respectable overall 2nd place, beaten only by Livingwell, proving we are amongst the top clubs in the UK for poomsae. We took 4 golds, 3 silvers and 7 bronze medals in the black belt division and 5 golds, 4 silvers and 1 bronze in the coloured belt categories.

Congratulations to our new British Champions:

A CLASS

Angie Bailey	1 st Masters Female
Howard, Jimmy and Nigel	2 nd Team Male
Ellise, Erin and Jordyn	Cadet Team Female
Hassan, Joe and Evan	Cadet Team Male

B CLASS

Joe Evans	K1 Cadet Male
Nicky Scott	K1 2 nd Senior Female
Ciara, Lauren and Ellie	K1 Cadet Team Fem
Nicky, Shona and Sam	K1 2 nd Team Female
Sam McKinlay	K2 2 nd Senior Female

GRADING

The next coloured belt grading is at Carronshore on **Sunday 20th February** starting at 10am. Deadline for application forms is Thursday 17th February.

The date for March's grading is Sunday 20th. This will also be the date for the intermediate dan grading and black belt pre-grading.

INDIA TRIP

The 24 strong Scottish National Team travelled to India on 25th Jan to compete at the 5th Commonwealth Taekwondo Championships in Chennai.

Amongst the poomsae team we had Angie Bailey, James Rennie, Howard Sargeant, Nigel Robinson, Trisha Robinson, Iain Opray and Glen Brown. Craig and Ross Eden and Chris Sweeten were competing in the Kyorugi event.

All our competitors came away as Commonwealth medallists, achieving 3 silvers and 6 bronzes. The great international experience gained will be a tremendous asset to Central Academy. Well done to all our international medallists.

UTA SEMINAR WITH WORLD CHAMPION GRANDMASTER SHIN

The first UTA Seminar of this year will be held at Grangemouth Sports Complex on Saturday 12th March 2011. This is an important session for all Central members at all ages and grades. Please check the notice board or website for full details.

2011 SCOTTISH POOMSAE TRAINING

The selection criteria for the 2011 Scottish Poomsae Team is now available. Selection started with the national championships in Sheffield and continues throughout the year with monthly Scottish Team training and various other poomsae events.

The first Scottish Poomsae training session of this year is at Carronshore Community Centre on **Sunday 20th Feb** from 10am to 1pm. All ages from Green Belt and above are welcome to attend. Full details are available on the club website.

UTA DAN GRADING SYLLABUS

The UTA Black Belt Grading Syllabus has been revised. The new syllabus is available to download on the club website. It is very important that all students at Red Belt and above have their own copy. Those who wish to sit senior gradings have to work to ensure they meet the new criteria.

The 47th UTA Dan Grading will be held in Manchester on Saturday 2nd April 2011.

Any student wishing to grade should inform Master Bailey and prepare for the black belt pre-grading on Sunday 20th March.