

CENTRAL

TAEKWONDO

ACADEMY

EST. 1993



Master Bailey Tel: 01324-557004 Mob 07812-580898
Email: masterbailey@centraltkd.co.uk Website: www.centraltaekwondo.com

NEWSLETTER *March 2011*

GRADING

The next coloured belt grading is at Carronshore on **Sunday 20th March** starting at 10am. Deadline for application forms is Thursday 17th March.

This will also be the intermediate dan grading and black belt pre-grading, which will start at 11.30am and is open to all black tags and above.

UTA SEMINAR WITH WORLD CHAMPION GRANDMASTER SHIN

The first UTA Seminar of this year will be held at Grangemouth Sports Complex on Saturday 12th March 2011. This is an important session for all Central members of all ages and grades. Training is from 1pm until 2.30pm for coloured belts and 1pm until 4pm for red belts and above. Training fees are £10 for coloured belts and £15 for seniors. Central Academy club funds will pay £5 of the fee for all Central members. Please put your name down on the register for the event.

2011 SCOTTISH POOMSAE TRAINING

The next Scottish Poomsae training session is at West of Scotland University, Hamilton on **Sunday 27th March** from 12noon to 3pm. All ages from green belt and above are welcome to attend. Full details are available on the club website.

UTA DAN GRADING

The 47th UTA Dan Grading will be held in Manchester at Old Trafford Community Centre on Saturday 2nd April 2011. Central Academy candidates for the dan grading will be notified if they have been accepted for grading after the black belt pre-grading on Sunday 20th March.

SCOTTISH TEAM CADET/JUNIOR DEVELOPMENT PROGRAMME

Six members of Central Academy are currently trying out for the above development programme. If accepted they will train alongside the Scottish national kyorugi team, with a view to competing at an international event later in the year. The full selection criteria is on the club website. Good luck to Kristian and Charlie Kinnon, Jordyn Smith, Naomi Strathie, Hassan Haider and Joshua Robb.

BELGIAN OPEN CHAMPIONSHIPS

The long running A Class Belgian Open Championships has been extended to include poomsae as well as kyorugi. It will be held in one of Europe's largest sports halls in Gent over the weekend of 9th & 10th April. Approximately 1,500 competitors from more than 30 countries are expected.

The poomsae event includes coloured belt divisions and gives a wide range of people the opportunity to experience a major international. If anyone is interested in being part of our poomsae team for Belgium please let us know.

In the Kyorugi event Craig and Ross Eden and Chris Sweeten will be representing Scotland, with Alan Dunsmuir attending as one of the Scottish Team Coaches. (Our senior players will also be competing at the A Class German Open on 12th/13th March!).

BTCB REFEREE COURSE

We are looking for people to attend the above course which will be held at Carronshore Community Centre. If the course can attract enough students it will be run on Friday and Saturday 29th & 30th April as a combined Class 2 Referee and Class 3 Corner Judge Course. It is a recognised BTCB qualification and counts toward the criteria for senior dan gradings. Please let us know if you would like to attend by Thursday 10th March.

EASTER CAMP

This year's Easter Camp will be on Wed/Thu/Fri 13th to 15th April from 10am to 1pm each day. The camp will include all aspects of Taekwondo training and all the usual fun and games. The fee includes a healthy snack. It is open to all Central members, all grades and ages. See notice board or website for full details. Places are limited, so get your name down as soon as possible.

13th SCOTTISH CUP

The Scottish Cup is one of the UKs longest running kyorugi events. This year it is on 1st May at Grangemouth Complex. As hosts we need to ensure the tournament lives up to previous years and runs as smoothly as possible. Any Central members wishing to attend as part of our organisation team or as an official, please let us know. Entry for the competition is open and a number of entries from around the UK and Ireland have already been registered on-line.