

CENTRAL

TAEKWONDO

ACADEMY

EST. 1993



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NEWSLETTER *October 2011*

48th UTA DAN GRADING

The UTA Black Belt Grading took place at Carronshore on Sunday 9th October. Central Academy had 16 candidates amongst the 38 up for promotion.

With a large number of students coming from Northern Ireland, it was the biggest UTA Dan Grading ever.

It was a very successful day for Central with **NINE** Academy students passing their Black Belt with excellent performances.



The new black belts are:

Niamh Scott, Lauren McKinlay, Ellie Muir, Evan Balfour, Ciara McLernon, Paige Bates, Shona Smith, Nicky Scott and Jillian So.

The grading examiner, Grandmaster Shin, who was recently promoted to 9th Dan and is the most senior ranked Taekwondo Master in the UK (as well as being a current World Poomsae Champion), was also very impressed with the standard of our senior grades.

Promoted to 2nd Dan were; Jordyn Smith, Erin Scott, Darren Smith, Maggie Sargeant and Charles MacGregor. Angie Bailey was promoted to the senior rank of 4th Dan.

Congratulations from everyone at Central Academy.

3rd SCOTTISH OPEN POOMSAE CHAMPIONSHIPS



Our flag-ship event held on Saturday 8th October at Grangemouth Sports Complex was a huge success. We have had tremendous feedback from the 199 competitors from 20 teams who attended.

The electronic scoring, never seen before in the UK, made the championships the most professional ever held in this country. A lot of Central Academy members and parents worked tirelessly to ensure the organisation of the competition was of a very high standard.

There were also some tremendous performances from Central players. We had 7 gold, 12 silver and 19 bronze medallists.

The Scottish Open Champions are;

NIAMH SCOTT - B PEEWEE
JOE EVANS - A CADET
EVAN BALFOUR - B CADET
NICKY SCOTT - B 2ND
SENIOR
JOE & JORDYN - A CADET
PAIR
ANGIE & M SUBBA - A 2ND
PAIR

LAUREN, ELLIE & CIARA - B CADET TEAM

GRADING

The next coloured belt grading is at Carronshore on Sunday 23rd October at 10am.

The November grading will be on Sunday 20th Nov.

SCOTTISH TEAM AT INTERNATIONAL IN GERMANY

Master Bailey will be Scottish National Team Coach over the weekend of 15th & 16th October in Germany. The NRW International is a huge event with 469 athletes from 17 countries. There are 8 players representing Scotland – 6 from Central Academy. In the cadet divisions we have Jordyn Smith, Naomi Strathie and Hassan Haider. Competing in juniors are Asia Bailey and Kristian Kinnon. Alan Haston is in the senior male -74kgs. The Central players are all part of the Scottish National Team Development Squad lead by High Performance Coach Nikos Jakubiak. It will be a great opportunity to gain international competition experience.

KIDS POINTS COMPETITION

Our 2nd kids fun points championship will be held at Carronshore on Saturday 10th December. The event is designed especially to give all kids from 4 to 13 years old the chance to experience competition Taekwondo in a safe and fun environment.

The first event was a big success and we hope to attract even more players this time. All players compete on a round-robin basis in groups of four of similar age, grade and height. The kids score points for each event and the points are tallied up for the awards presented at the end. All points gained in the 1st event are carried forward to this 2nd tournament. Points accumulate and are carried forward to each tournament until the students reach the coveted 100 points and achieve the Black Award.

SPARRING (KYORUGI) – All protective equipment will be provided for those kids who don't have their own.

PATTERNS (POOMSAE) – Players perform any pattern of their choice.

TAEKWONDO CIRCUIT – The kids race around a specially designed circuit against the clock.

Please encourage your child to take part. This event will be great fun for all kids and we hope that it will give them the confidence to enter bigger events in the future.

BTCB POOMSAE JUDGES COURSE

Grandmaster Shin will be conducting a judge's course in Nottingham on 29th and 30th October. Senior judges can apply to go to Class B. If anyone is interested in attending the course please let Master Bailey know.

2012 LONDON OLYMPIC GAMES



The build up to the Taekwondo event at next year's Olympics has already started. You can follow the progress of Team GB at gbtaekwondo.co.uk – there is a link on our own website and there is already a lot of coverage on the BBC sport website.

Master Bailey and Angie have both been selected to work at the Games. Angie has a very important role as a National Technical Officer and Master Bailey will be involved as a Games Maker in the Athlete Services Team.