

Scottish League Event

The Focus Cup

1st November 2009

Senior & Junior Coloured Belt Divisions

Elgin High School

Elgin Moray

North East Scotland



Competition Details

THE FORMAT WILL BE SAME SYSTEM USED AS THE SCOTTISH CUP

Each weight divisions will be split by grade
Class A, Class B and Class C.

ELECTRONIC SCORING ON TWO COURTS

Divisions with less than 3 entries will still go ahead. However these players will be given the option to fight again in the closest division. Divisions "A,B and C will not be merged.

Mouth guards and hand protectors will be compulsory
Mouth Guards must be white or clear

Body protectors and head guards must be WTF approved.

Competitors must bring a valid licence for inspection at the weigh-in.
WTF competition rules. KO system.

Venue & Directions

Elgin High School,
High School Drive , New Elgin, Elgin IV30 6UD

From Glasgow head North on the A80 continue on the M80 merge onto the M9 then head up the A9 towards Inverness turn right onto the A95 to Grantown on spey continue on the A941 to Elgin on arrival in Elgin turn left at Birnie road turn right down Sandy road, turn left down Springfield road, turn right at High School drive.

Directions to Focus Martial Arts & Fitness centre follow the directions above to Elgin then continue down the A941 down New Elgin Road continue round two roundabouts following signs to High Street or A941, then at third roundabout with the Mansfield hotel on your left take the exit on you right along south street then the next turning on your left and follow the road right and after 100 metres you should see Focus.

If you are travelling further please contact 07747014995 for details.

There is also caravan parks locally. And train and bus stations, the nearest airport is Inverness 45 minutes away by car or bus and Aberdeen airport is approx 1hr 30 minutes away

weigh In

At Focus Taekwondo Martial Arts & Fitness Centre

Saturday 31st Oct 6.00pm to 8.00pm

At Elgin High School

Sunday 1st November 8.30am to 9.30am

Divisions

CLASS C

COLOURED BELT DIVISIONS

9th Kup to 7th Kup Green Tags

PEEWEE Under 10s Male	-20kg	-23kg	-27kg	-35kg	+35kg		
PEEWEE Under 10s Female	-20kg	-23kg	-27kg	-35kg	+35kg		
CHILDREN Under 14s Male	-25kg	-30kg	-35kg	-40kg	-45kg	-50kg	+50kg
CHILDREN Under 14s Female	-25kg	-30kg	-35kg	-40kg	-45kg	-50kg	+50kg
JUNIORS Male 14 to 17 years	-50kg	-60kg	-70kg	+70kg			
JUNIORS Female 14 to 17 years -45kg	-55kg	-60kg	+65kg				
SENIORS 18 & Over Male	-60kg	-70kg	-80kg	+80kg			
SENIORS 18 & Over Female	-50kg	-60kg	-70kg	+70kg			

CLASS B

COLOURED BELT DIVISIONS

6th Kup Green Belt to 3rd Kup Red Tags

PEEWEE Under 10s Male	-20kg	-23kg	-27kg	-35kg	+35kg		
PEEWEE Under 10s Female	-20kg	-23kg	-27kg	-35kg	+35kg		
CHILDREN Under 14s Male	-25kg	-30kg	-35kg	-40kg	-45kg	-50kg	+50kg
CHILDREN Under 14s Female	-25kg	-30kg	-35kg	-40kg	-45kg	-50kg	+50kg
JUNIORS Male 14 to 17 years	-50kg	-60kg	-70kg	+70kg			
JUNIORS Female 14 to 17 years -45kg	-55kg	-60kg	+65kg				
SENIORS 18 & Over Male	-60kg	-70kg	-80kg	+80kg			
SENIORS 18 & Over Female	-50kg	-60kg	-70kg	+70kg			

CLASS A

SENIOR DIVISIONS

2ND Kup Red Belt and Above

PEEWEE Under 10s Male	-20kg	-23kg	-27kg	-35kg	+35kg			
PEEWEE Under 10s Female	-20kg	-23kg	-27kg	-35kg	+35kg			
CHILDREN Under 14s Male	-25kg	-29kg	-34kg	-39kg	-44kg	-50kg	-55kg	+55kg
CHILDREN Under 14s Female	-23kg	-27kg	-31kg	-36kg	-41kg	-46kg	-52kg	+52kg
JUNIORS Male 14 to 17 years	-45kg	-48kg	-51kg	-55kg	-59kg	-63kg	-68kg	-73kg
+78kg								
JUNIORS Female 14 to 17 years -42kg	-44kg	-46kg	-49kg	-52kg	-55kg	-59kg	-63kg	-68kg
+68kg								
SENIORS 18 & Over Male	-54kg	-58kg	-62kg	-67kg	-72kg	-78kg	-84kg	+84kg
SENIORS 18 & Over Female	-47kg	-51kg	-55kg	-59kg	-63kg	-67kg	-72kg	+72kg

Gold, Silver & 2 Bronze in every division

You may be asked to compete in the closest weight division if your weight has no-one else in it. However you will still receive a medal for your original division. And it will be your choice if you want to try the other division.

Entry Details

COMPETITORS £15.00 PER DIVISION
(BTCB Licence Holders Only)

SPECTATORS £5.00 adults/juniors
£3.00 under 13s (& family discounts)

Attached entry form should be completed and forwarded to Focus Taekwondo at the address below.

Deadline for entries is **25th October 2009**

Cheques must be enclosed with entry form and made payable to "**Focus taekwondo**"

Accommodation

There is a premier inn, Laich Moray Hotel, Royal Hotel, The Mansfield, The Mansion House, The eight Acres hotel. There are also numerous B&Bs, Guesthouses and hotels in Elgin.

Use the IV30 post code to find local accommodation

FOCUS MARTIAL ARTS & FITNESS CENTRE
A: 172 High Street, Elgin, Moray, Scotland IV30 1BD
T: 01343540240

W: www.focusfitnesscentre.com
E: moraytaekwondo@hotmail.com

The 1st Focus Taekwondo Cup

TEAM NAME:

CONTACT ADDRESS & TEL No:

No.	NAME	M/F	AGE	GRADE	CLASS A, B or C	WEIGHT KGS	FEE £15	OFFICIAL USE
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								

TOTAL FEES ENCLOSED £_____